

# Guide for First Responders

## When to Call Via Linda Behavioral Hospital

### Step 1:

Perform initial patient assessment - Vitals, IV, O2, monitor as needed.

### Step 2:

If patient voluntarily agrees with transfer to Via Linda Behavioral Hospital, vital signs should be within the following limits:

- Temp <101
- Respirations 10-20
- Pulse 60-110
- BP 90-160 systolic/60-110 diastolic
- Pulse oximetry  $\geq$  94% RA
- Blood glucose 60-250

### Step 3:

Call us at 480-476-7210.

### We can help individuals with:

- Substance use (alcohol/drugs)
- Detox (must be able to walk and talk)
- Mood disorders (depression/anxiety)
- Suicidal/homicidal ideation (danger to self or others)
- Acute psychotic episode (with known history of psychosis)

### Via Linda Behavioral Hospital is here to help.

- Open 24 hours a day, 7 days a week
- No-cost assessments
- Rapid determination of the most appropriate level of care
- Psychiatric and substance use evaluations
- Master's-level counselors provide assessments 24/7
- Benefit verification
- Patient-centered, multidisciplinary treatment
- Evidence-based therapies
- Individualized treatment planning
- Structured, therapeutic environment

## Via Linda Behavioral Hospital

HONORHEALTH™

UHS

9160 East Horseshoe Road | Scottsdale, AZ 85258

[vialindabehavioral.com](http://vialindabehavioral.com)



**We are here to serve our community.**

**Call us anytime at 480-476-7210.**



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Physicians are on the medical staff of Via Linda Behavioral Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Via Linda Behavioral Hospital. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. For language assistance, disability accommodations and the nondiscrimination notice, visit our website.  
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