

Wednesday, May 27, 2026
8:30am - 4:00pm

Learning Objectives



Through Their Eyes
Innovations in the Treatment of Trauma



Dr. Aaron Wilson

After completing the program, participants will be able to:

1. Describe the role of neurobiology and neuroplasticity in the development and treatment of trauma-related disorders.
2. Identify key neuromodulation interventions, including Transcranial Magnetic Stimulation (TMS) and transcranial direct current stimulation (tDCS), and their clinical applications in trauma treatment.
3. Explain the therapeutic principles and evidence supporting neurofeedback and psychedelic-assisted therapies in behavioral health settings.
4. Examine how emerging, technology-driven and measurement-based approaches can enhance personalized, patient-centered trauma care.
5. Evaluate the benefits, limitations, and ethical considerations of integrating CAM modalities (e.g., neurofeedback, mind-body interventions, emerging psychedelic therapies) into trauma-informed care.



Dr. Claire Romero

After completing the program, participants will be able to:

1. Define the core principles of trauma-informed care and their relevance to nursing practice.
2. Describe the impact of trauma on patient engagement, communication, and health outcomes.
3. Apply trauma-informed strategies to enhance patient safety, trust, and therapeutic relationships.
4. Integrate practical, evidence-based interventions into daily nursing workflows to reduce re-traumatization.
5. Demonstrate culturally responsive and patient-centered approaches aligned with trauma-informed care principles.



Abby Rallo, BSN, RN

After completing the program, participants will be able to:

1. Define the core principles of trauma-informed care and their relevance in behavioral health settings.
2. Describe the importance of shifting from performing trauma-informed care to embodying it in daily practice.
3. Identify practical strategies to promote safety, trust, and empowerment in patient interactions.
4. Recognize the impact of trauma-informed approaches on patient outcomes and therapeutic relationships.
5. Recognize the impact of trauma-informed approaches on patient outcomes and therapeutic relationships through real-world examples.
6. Reflect on personal and professional practices to integrate trauma-informed care into one's caregiving approach.



Dr. Aditya Shah

After completing the program, participants will be able to:

1. Describe the core features and clinical purpose of PsyTechVR in the treatment of trauma
2. Explain how virtual reality supports exposure-based and trauma-informed therapeutic approaches
3. Identify appropriate patient populations and clinical indications for VR-assisted interventions
4. Discuss the potential benefits, limitations, and ethical considerations of using VR in behavioral health settings
5. Summarize current research and evidence supporting the use of virtual reality in trauma treatment.

Innovations in the Treatment of Trauma: Through Their Eyes has been approved by NBCC for NBCC credit. Sessions approved for NBCC credit are clearly identified. Via Linda Behavioral Hospital is solely responsible for all aspects of the program.
NBCC Approval No. SP-5317

Via Linda Behavioral Hospital

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