

Wednesday, May 27, 2026  
8:30am - 4:00pm

# Program Info



*Through Their Eyes*  
Innovations in the Treatment of Trauma



Dr. Aaron Wilson

*Dr. Wilson will present on Innovations in the Treatment of Trauma, with a focus on emerging, neurobiologically informed interventions. The presentation will explore how advances in understanding neuroplasticity are shaping modern psychiatric care and enabling more targeted, effective treatment approaches. He will cover neuromodulation techniques such as Transcranial Magnetic Stimulation (TMS) and transcranial direct current stimulation (tDCS), neurofeedback therapy, and the evolving role of psychedelic-assisted treatments. Attendees will gain insight into current research, clinical applications, and the future direction of trauma treatment, with an emphasis on integrative, personalized, and systems-level approaches to care.*



Dr. Claire Romero

*Dr. Claire Romero will present an evidence-informed session examining the relevance of trauma-informed care within contemporary nursing practice. This program will highlight how the principles of safety, trust and transparency, collaboration, empowerment, peer support, and cultural responsiveness can be integrated into daily nursing workflows across care settings. Attendees will gain practical insight into recognizing the impact of trauma on patient behavior, communication, and engagement, while strengthening clinical approaches that promote healing, reduce re-traumatization, and support improved patient outcomes.*



Abby Rallo, BSN, RN

*This continuing education session, Trauma-Informed Care: Where Empathy Meets Evidence, presented by Abby, explores the integration of trauma-informed principles into everyday interactions with peers and patients. The session will emphasize a perspective shift from performing trauma-informed care to embodying it as a core component of the caregiver's approach. Grounded in evidence-based frameworks, the presentation will highlight practical strategies for fostering safety, trust, and empowerment in behavioral health settings. A multidisciplinary panel will accompany the session, sharing lived and professional experiences to illustrate the real-world impact of trauma-informed care. Through these narratives, participants will gain deeper insight into how compassionate, trauma-informed approaches can enhance patient outcomes and strengthen therapeutic relationships in behavioral health.*



Dr. Aditya Shah

*Dr. Aditya Shah will provide an evidence-informed session exploring the use of PsyTechVR, a virtual reality-based intervention, in the treatment of trauma and Post-Traumatic Stress Disorder (PTSD). This presentation will provide an overview of how immersive VR technology can support exposure-based therapies, enhance patient engagement, and facilitate controlled, therapeutic environments for processing traumatic experiences. Attendees will gain insight into clinical applications, potential benefits, and emerging research supporting the integration of virtual reality into trauma-informed care practices.*

Via Linda Behavioral Hospital

HONORHEALTH

UHS